

Friday

9:00am	9 & 10	Girls	Shot Put	Infield Ring	9:00am	8 & Under	Girls & Boys	55 m Dash	Trials
	9 & 10	Boys	Shot Put	Weight Cage	9:15am	9 & 10	Girls & Boys	55 m Dash	Trials
9:30am	9 & 10	Girls	High Jump		9:30am	11 & 12	Girls & Boys	55 m Dash	Trials
	8 & Under	Boys	Long Jump		9:50am	13 & 14	Girls & Boys	55 m Dash	Trials
	8 & Under	Girls	Long Jump		10:10am	15 & 16	Girls & Boys	55 m Dash	Trials
	13 & 14	Girls	Pole Vault		10:30am	17 & 18	Girls & Boys	55 m Dash	Trials
10:30 AM	11 & 12	Girls	High Jump		10:55am	8 & Under	Girls & Boys	4 X 200m Relay	Final
12:00pm	13 & 14	Boys	Long Jump		11:15am	9 & 10	Girls & Boys	4 X 200m Relay	Final
	11 & 12	Boys	Long Jump		11:35am	11 & 12	Girls & Boys	4 X 200m Relay	Final
	13 & 14	Boys	Pole Vault		11:50am	13 & 14	Girls & Boys	4 X 200m Relay	Final
	17 & 18	Girls	Weight Throw	Weight Cage	12:10pm	15-18	Girls & Boys	4 X 200m Relay	Final
	11 & 12	Girls	Shot Put	Infield Ring	12:25pm	8 & Under	Girls & Boys	800m Run	Final
1:30pm	17 & 18	Girls	High Jump		12:55pm	9 & 10	Girls & Boys	800m Run	Final
3:00pm	13 & 14	Girls	Long Jump		1:25pm	11 & 12	Girls & Boys	800m Run	Final
	11 & 12	Girls	Long Jump		1:55pm	13 & 14	Girls & Boys	800m Run	Final
	15 & 16	Girls	Weight Throw	Weight Cage	2:25pm	15 & 16	Girls & Boys	800m Run	Final
	11 & 12	Boys	Shot Put	Infield Ring	2:40pm	17 & 18	Girls & Boys	800m Run	Final
	11 & 12	Boys	High Jump		2:55pm	8 & Under	Girls & Boys	200m Dash	Trials
	17 & 18	Boys	High Jump		3:15pm	9 & 10	Girls & Boys	200m Dash	Trials
					3:35pm	11 & 12	Girls & Boys	200m Dash	Trials
					3:55pm	13 & 14	Girls & Boys	200m Dash	Trials
					4:15pm	15 & 16	Girls & Boys	200m Dash	Trials
					4:35pm	17 & 18	Girls & Boys	200m Dash	Trials
					4:55pm	15-18	Girls & Boys	DMR	Final

Saturday									
9:00am	9 & 10	Girls	Long Jump		9:00am	11 & 12	Girls & Boys	55 M Hurdles	Trials
	9 & 10	Boys	Long Jump		9:15am	13 & 14	Girls & Boys	55 M Hurdles	Trials
	8 & Under	Boys	Shot Put	Infield Ring	9:30am	15 & 16	Girls & Boys	55 M Hurdles	Trials
	17 & 18	Boys	Shot Put	Weight Cage	9:45am	17 & 18	Girls & Boys	55 M Hurdles	Trials
	15 & 16	Girls	Pole Vault		10:00am	8 & Under	Girls & Boys	200m Dash	Finals
11:30am	13 & 14	Girls	High Jump		10:05am	9 & 10	Girls & Boys	200m Dash	Finals
	13 & 14	Boys	High Jump		10:10am	11 & 12	Girls & Boys	200m Dash	Finals
	17 & 18	Girls	Long Jump		10:20am	13 & 14	Girls & Boys	200m Dash	Finals
	17 & 18	Boys	Long Jump		10:30am	15 & 16	Girls & Boys	200m Dash	Finals
	17 & 18	Girls	Shot Put	Weight Cage	10:40am	17 & 18	Girls & Boys	200m Dash	Finals
2:00pm	15 & 16	Girls	Long Jump		10:50am	8 & Under	Girls & Boys	1500m Run	Final
	15 & 16	Boys	Long Jump		11:15am	9 & 10	Girls & Boys	1500m Run	Final
	8 & Under	Girls	Shot Put	Infield Ring	11:45am	11 & 12	Girls & Boys	1500m Run	Final
	15 & 16	Boys	Weight Throw	Weight Cage	12:15pm	13 & 14	Girls & Boys	1500m Run	Final
	17 & 18	Girls	Pole Vault		12:45pm	15 & 16	Girls & Boys	1500m Run	Final
4:00pm	15 & 16	Girls	High Jump		1:15pm	17 & 18	Girls & Boys	1500m Run	Final
	15 & 16	Boys	High Jump		1:45pm	8 & Under	Girls & Boys	55 m Dash	Finals
4:30pm	13 & 14	Girls	Triple Jump		1:55pm	9 & 10	Girls & Boys	55 m Dash	Finals
	13 & 14	Boys	Triple Jump		2:00pm	11 & 12	Girls & Boys	55 m Dash	Finals
	17 & 18	Boys	Weight Throw		2:05pm	13 & 14	Girls & Boys	55 m Dash	Finals
					2:10pm	15 & 16	Girls & Boys	55 m Dash	Finals
					2:15pm	17 & 18	Girls & Boys	55 m Dash	Finals
					2:30pm	9 & 10	Girls & Boys	1500m RW	Final
					2:45pm	11 & 12	Girls & Boys	1500m RW	Final
					3:00pm	8 & Under	Girls & Boys	400m Dash	Trials
					3:30pm	9 & 10	Girls & Boys	400m Dash	Trials
					4:00pm	11 & 12	Girls & Boys	400m Dash	Trials
					4:30pm	13 & 14	Girls & Boys	400m Dash	Trials
					5:00pm	15 & 16	Girls & Boys	400m Dash	Trials
					5:30pm	17 & 18	Girls & Boys	400m Dash	Trials

Sunday									
9:00am	13 & 14	Girls	Shot Put	Infield Ring	9:00am	15-18	Girls & Boys	Shuttle Hurdles	Final
	15 & 16	Boys	Shot Put	Weight Cage	9:30am	15-18	Girls & Boys	4 X 800	Final
	15 & 16	Boys	Pole Vault		10:00am	8 & Under	Girls & Boys	400m Dash	Final
	15 & 16	Girls	Triple Jump		10:05am	9 & 10	Girls & Boys	400m Dash	Final
	15 & 16	Boys	Triple Jump		10:10am	11 & 12	Girls & Boys	400m Dash	Final
10:30 AM	9 & 10	Boys	High Jump		10:05am	13 & 14	Girls & Boys	400m Dash	Final
12:00pm	13 & 14	Boys	Shot Put	Weight Cage	10:10am	15 & 16	Girls & Boys	400m Dash	Final
	15 & 16	Girls	Shot Put	Infield Ring	10:15am	17 & 18	Girls & Boys	400m Dash	Final
	17 & 18	Boys	Pole Vault		10:25am	11 & 12	Girls & Boys	55 M Hurdles	Finals
	17 & 18	Girls	Triple Jump		10:30am	13 & 14	Girls & Boys	55 M Hurdles	Finals
	17 & 18	Boys	Triple Jump		10:35am	15 & 16	Girls & Boys	55 M Hurdles	Finals
					10:40am	17 & 18	Girls & Boys	55 M Hurdles	Finals
					10:50am	13 & 14	Girls & Boys	3000m RW	Final
					11:10am	15 & 16	Girls & Boys	3000m RW	Final
					11:30am	17 & 18	Girls & Boys	3000m RW	Final
					11:50am	11 & 12	Girls & Boys	3000m Run	Final
					11:40am	13 & 14	Girls & Boys	3000m Run	Final
					12:20pm	15 & 16	Girls & Boys	3000m Run	Final
					12:40pm	17 & 18	Girls & Boys	3000m Run	Final
					1:20pm	8 & Under	Girls & Boys	4 X 400m Relay	Final
					1:40pm	9 & 10	Girls & Boys	4 X 400m Relay	Final
					2:00pm	11 & 12	Girls & Boys	4 X 400m Relay	Final
					2:20pm	13 & 14	Girls & Boys	4 X 400m Relay	Final
					2:40pm	15-18	Girls & Boys	4 X 400m Relay	Final